### **COVID-19 Resources**

## for Organizations and Families

Dovetailing has been asked by our clients for help finding ways to make it through the COVID-19 pandemic. This list may be useful for organizations in your network. Like many things done quickly, the application processes are bumpy, so be prepared. If you know of additional useful resources, please let us know.

(Click on hyperlinks for eligibility and application information)

## **Organizational Resources**

- ✓ <u>Employee Retention Payroll Tax Credit:</u> Refundable tax credit up to \$10,000/employee for businesses experiencing a 50% drop in quarterly receipts compared to the prior year. Companies are ineligible if receiving a PPP loan. This tax credit is available for wages paid from March 13, 2020 to December 31, 2020. [National]
- ✓ <u>Paycheck Protection Program:</u> A forgivable loan program to fund up to 2½ months qualified expenses to help businesses and non-profits (< 500 employees) retain and/or rehire employees during the period February 15 June 30, 2020. Loans may be forgiven if all employees are kept on the payroll for eight weeks and the money is used for payroll, rent, mortgage interest, or utilities. Businesses must <u>find a lender</u> who will work with them. (These now include Intuit and PayPal). [National]
- ✓ <u>Economic Injury Disaster Loans (EIDL):</u> Low interest loans available through the Small Business administration. Applicants may also apply for a \$10,000 advance grant while awaiting application processing.
- ✓ <u>Shared Work Washington</u> & <u>Work Share Oregon:</u> An option for retaining employees at a reduced schedule while they also draw partial unemployment benefits. [Washington]
- ✓ <u>Small Business Guidance:</u> Connections to loan programs, definitions of "essential services". [Washington]
- ✓ <u>Working Washington Small Business Emergency Grants:</u> \$10,000 emergency grants [Washington, though on hold in some counties]
- ✓ <u>Washington Immigrant Solidarity Network Resource Finder</u>: Community resource finder for organizations supporting immigrants and refugees.
- ✓ <u>Oregon Community Recovery Fund & Oregon Small Business Stabilization Fund:</u> Grants prioritized for Oregon non-profits serving vulnerable populations and small businesses. [Oregon and Clark County, WA]
- ✓ Oregon Child Care Provider Relief Guide [Oregon]
- ✓ Resources for Oregon Child Care Providers [Oregon]
- ✓ Resources for Washington Child Care Providers [Washington]
- ✓ Resources for Child Care Providers in Each State [National]
- ✓ <u>Seattle Foundation COVID-19 Response Fund:</u> Grants prioritized for non-profits serving vulnerable communities. [Puget Sound]
- ✓ <u>Pierce County Connected Fund:</u> Grants prioritized for non-profits serving vulnerable communities.[Pierce County, WA]
- ✓ <u>United Way King County Home Base:</u> Rental assistance for individuals in need (including family child care businesses) [King County, WA]
- ✓ Center for Creative Leadership: Resources to help leaders in a time of crisis. [National]

# Family Resources

### Income & Basic Needs

- ✓ Paid Family & Medical Leave: Unemployment and paid leave cannot be drawn at the same time. [Washington]
- ✓ Food Lifeline: Meals and groceries [Washington]
- ✓ Northwest Harvest: Meals and groceries [Washington]
- ✓ <u>United Way King County Home Base:</u> Rental assistance for individuals in need (including family child care businesses) [King County, WA]
- ✓ <u>King County Library Technology Resources:</u> A list of federal, state and local resources for WiFi access, including low and no cost computers and Internet.
- ✓ <u>Comcast Internet Essentials:</u> Free/reduced cost Internet services for income-eligible individuals.
- ✓ 211 and United Ways in King County, WA, Pierce County, WA have extensive resource lists [National and Washington]
- ✓ <u>School District Meal Programs:</u> [Washington]



### Family Well-Being

- ✓ Be Strong Families: Parent support for navigating the stress and uncertainty during Covid-19.
- ✓ <u>Care Net of Puget Sound:</u> Free pregnancy tests, ultrasounds, maternity and baby clothing, diapers, wipes, baby food and formula. Visit our website to find a center near you.
- ✓ <u>Crisis Connections</u>: Programs supporting emotional and physical well-being. Interpretation in 155 languages.
- ✓ <u>Crisis Text Line:</u> Confidential text access from anywhere in the US to a trained crisis counselor. Text HEAL to 741741 (24/7/365) [National]
- ✓ <u>Disaster Distress Hotline:</u> 24-hour counseling and support for COVID-19 pandemic and associated concerns. Call or text: 1-800-985-5990 (24/7/365) [National]
- ✓ Informational Resources for Immigrants: Health, service, and financial information for immigrants.
- ✓ Informed Immigrant: Resources for immigrants.
- ✓ Mental Health Resources: Information and tips about how to manage parental stress and interactions with children.
- ✓ Multi-Lingual Covid-19 Resources: [National]
- ✓ National Association of School Psychologists: Tips for helping children cope with COVID-19 related changes. [National]
- ✓ <u>National Suicide Prevention Lifeline</u>: 24-hour prevention and crisis resources for those in crisis and their loved ones as well as provides best practice resources for professionals. Call: 1-800-273-TALK (8255) (24/7/365), press 1 for the Veterans Helpline. [National]
- ✓ <u>Native American Wellness Institute</u>: Daily Native Wellness Power Hour with workshops, teachings and storytelling focused on healing for native people, families and communities. [National]
- ✓ <u>Oregon Worker Relief Fund</u>: Basic needs assistance for individuals who aren't eligible for public benefits because of immigration status [Oregon]
- ✓ Prevent Child Abuse America: Tips and resources for families to stay connected and manage stress. [National]
- ✓ Resources for the Deaf and Hard of Hearing: Covid-19 resources. [King County, WA]
- ✓ Safe Families for Children: Volunteer respite care for families in crisis. [National]
- ✓ <u>The Institute on Aging's Friendship Line:</u> Social support and crisis line for adults who are 60 or older or have disabilities. Call: 800-971-0016 (24/7/365) [National]
- ✓ <u>Washington State Coalition Against Domestic Violence</u>: Domestic violence hotlines for different groups including teens, tribal communities and deaf services. [National]
- ✓ Zero to Three: Self-care tips for families. [National]

#### Family Stay-at-Home Activities

- ✓ <u>Harvard Center for the Developing Child</u>: Activities and resources for families. [National]
- ✓ PBS for Parents: Daily activities for families. [National]
- ✓ Wide Open School: Home schooling help. [National]

